








Pulses -

Indian / Hindi name	English name	Image
Arhar / Rahar / Tur / Tuar	Pigeon pea / Red gram	
Chana	Chickpeas (Brown)	
Cholia / Hara chana	Chickpeas (Green)	
Chana Daal	Split Bengal gram	
Chawli / Lobhia	Black-eyed beans / Cowpea	
Daal	Pulses / Split beans / Beans	-
Dalia	Broken wheat	

Kabuli Chana / Chhole	Garbanzo beans / Chickpeas (White)	
Kulthi	Horse gram	
Kurmura	Puffed rice	
Masoor	Red lentils	
Matar	Pea	
Moong	Green gram / Mung bean	
Moth / Matki	Turkish gram / Moth bean	

Poha	Beaten rice	
Rajma	Kidney beans	
Til	Sesame	
Urad Daal / Kaali Daal	Black gram / Black lentil (whole) / White lentil (dehusked)	
Vaal	Field beans	